



Training provided by

**IMPACT  
FUTURES**

**LEVEL 2**

# ADULT CARE WORKER

Caring for and supporting the needs of adults



*From small acorns, great oak trees grow!*

# Adult care worker

## APPRENTICESHIP STANDARD

This level 2 apprenticeship training programme develops the knowledge, skills and behaviours required to care for and support the needs of adults, enabling them to have control and choice in their lives

It is suitable for care assistants, care workers, support workers and other associated job titles. At the end of this training programme, you will also be awarded a Level 2 TQUK Diploma in Care.

### ENTRY

## Requirements

You must have been a UK, EEA, or EU resident for at least the past three years to undertake this training programme.

In addition, you must be able to commit to the full length of the programme, and be able to meet the programme modules through your job role.

If you do not have a level 2 or equivalent in Maths and English, you will be required to work towards achieving these qualifications as part of your apprenticeship.

## COMPONENTS OF AN Apprenticeship

Apprenticeships are 12 to 24 month training programmes. They are made up of:



More information on each of these components can be found within the learner or manager apprenticeship guide. All of the above components must be fully completed in order to successfully achieve your apprenticeship.

## WHAT IS THE DURATION AND HOW WILL YOU LEARN?

Over the duration of 16 months, you will receive a combination of face-to-face and online training and support.

The 16 month time frame is based on an employee with a full-time contract, if an employee works fewer than 30 hours then the time frame of the apprenticeship will increase accordingly. See below for example:

16 hours contracted per week = 22 months apprenticeship programme

You will undertake an online assessment that will help us to understand your learning style and needs, then we will tailor your learning experience accordingly.

We ensure that you stay on track to complete your programme on time by managing your progress through our state-of-the-art e-portfolio system, Aptem.

## OFF THE JOB TRAINING

As part of the apprenticeship, alongside your job role, a minimum of 6 hours per week of your time in work must be dedicated to improving new skills, knowledge and behaviours. This can be any time devoted to learning and improving new skills, knowledge and behaviours without interruption.

### EXAMPLES INCLUDE:



MENTORING



SHADOWING



NOTE WRITING



TEACHING SESSIONS



FORMAL HANDOVERS



STAFF MEETINGS



RESEARCH



ONLINE RESOURCES



ATTENDING EVENTS



LEARNING MODULES



ROLE PLAY



SWAPPING DEPARTMENT



ONLINE TEACHING



DIGITAL LEARNING RESOURCES



ONE TO ONE TUITION



WORKPLACE ASSESSMENT

## END-POINT ASSESSMENT

Learnt knowledge, skills and behaviours will be assessed by an independent assessor in your end-point assessment (EPA). This typically involves elements such as:



MULTIPLE CHOICE EXAMINATION

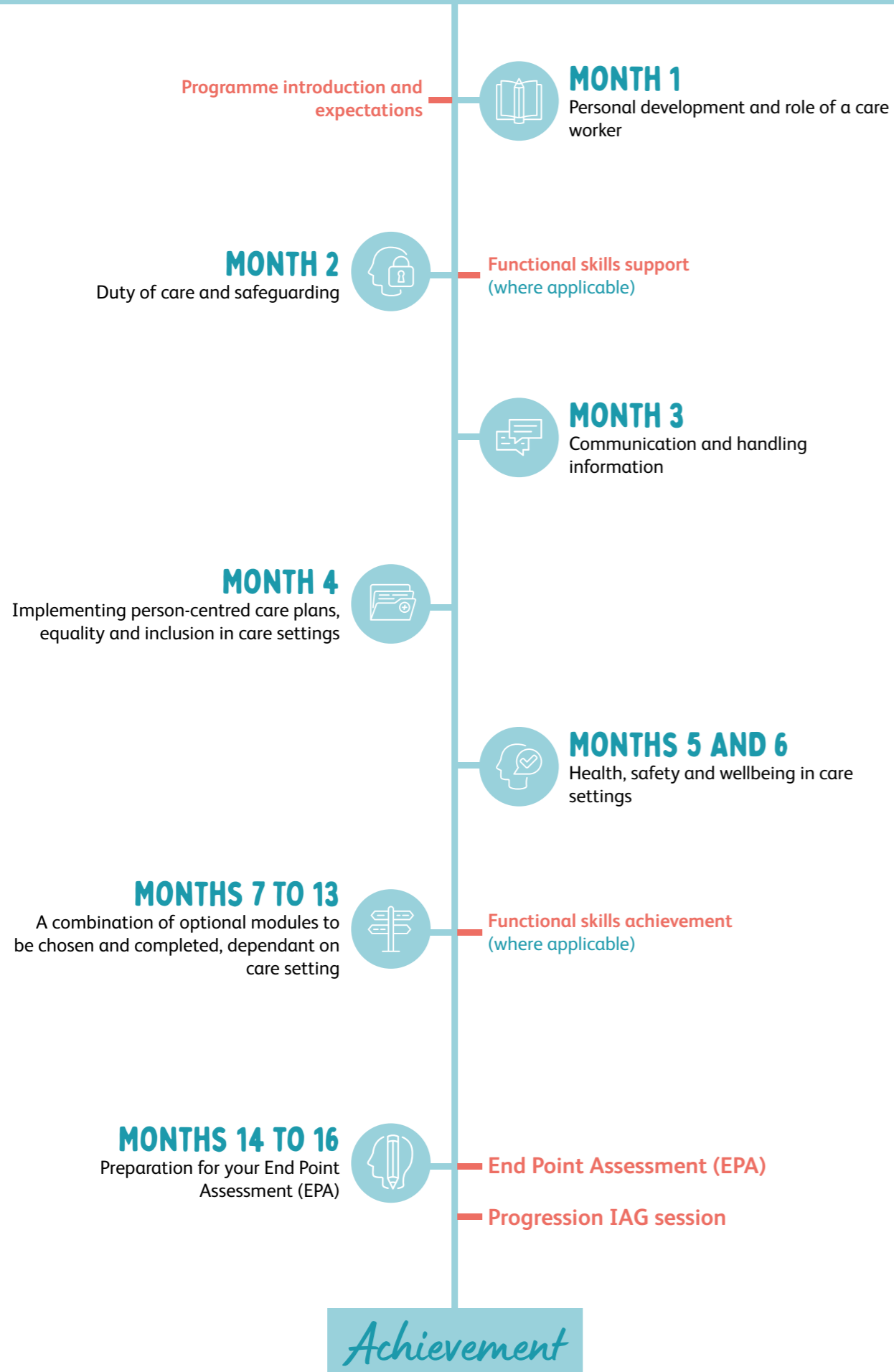


PROFESSIONAL DISCUSSION



PORTFOLIO BUILDING






# Your Apprenticeship Journey





## You will learn how to:








### SUPPORT INDIVIDUALS WITH DAILY LIVING ACTIVITIES:

-  Achieve the tasks and responsibilities of your job role.
-  Support with individuals' social activities.
-  Monitor health.
-  Assist with eating, mobility and personal care, according to the individual's personal care/support plan.
-  Access, follow and be compliant with regulations and organisational policies and procedures.

### DEVELOP YOURSELF:







-  Understand your professional boundaries and limits of your training and expertise.
-  Ask for help from an appropriate person when not confident or skilled in any aspect of your role.

### IMPLEMENT PERSON-CENTRED CARE PLANS:

-  Provide individuals with information to enable them to have choices about the way they are supported, ensuring compliance with the relevant statutory standards and codes of practice for your role.
-  Understand the 'duty of care' in practice.
-  Encourage individuals to participate in the way their care and support is delivered.
-  Contribute towards the development and creation of care plans which are underpinned by the individual's support preferences.
-  Identify, respond to and escalate changes to the physical, social, and emotional needs of individuals, contributing to the ongoing development of care/support plans and support with cognitive, physical or sensory impairments.



# Modules of learning:

<p><b>Module 1:</b> </p> <p><b>PERSONAL DEVELOPMENT AND ROLE OF A CARE WORKER</b></p> <ul style="list-style-type: none"> <li>Understand what is required for competence in own work role</li> <li>Use learning opportunities and reflective practice to contribute to personal development</li> <li>Work in agreed ways with your employer</li> </ul>	<p><b>Module 2:</b> </p> <p><b>DUTY OF CARE AND SAFEGUARDING</b></p> <ul style="list-style-type: none"> <li>Understand the implications of duty of care</li> <li>Understand the principles of safeguarding adults</li> </ul>
<p><b>Module 3:</b> </p> <p><b>COMMUNICATION AND HANDLING INFORMATION</b></p> <ul style="list-style-type: none"> <li>Understand why communication is important in the work setting</li> <li>Meet the communication and language needs, wishes and preferences of individuals</li> <li>Understand the need for secure handling of information in care settings</li> <li>Handle information in accordance with agreed ways of working</li> </ul>	<p><b>Module 4:</b> </p> <p><b>EQUALITY, INCLUSION AND PERSON-CENTRED APPROACHES</b></p> <ul style="list-style-type: none"> <li>Understand person-centred approaches for care/support</li> <li>Work in a person centred way</li> <li>Ensure equality and inclusion</li> </ul>
<p><b>Module 5:</b> </p> <p><b>HEALTH, SAFETY AND WELL-BEING IN CARE SETTINGS</b></p> <ul style="list-style-type: none"> <li>Understand own and others' work setting health and safety responsibilities</li> <li>Work in a way that maintains the health and safety of individuals</li> </ul>	<p><b>Module 6:</b> </p> <p><b>OPTIONAL MODULES</b></p> <ul style="list-style-type: none"> <li>Choose and complete units dependant on care setting, a list of optional modules can be found on overleaf</li> <li>Please see optional module breakdown for full details</li> </ul>

## Optional modules:

- Administer medication to individuals and monitor the effects
- Dementia awareness
- Move and position individuals in accordance with care plan
- Understand mental health problems
- Support individuals to eat and drink
- Support individuals with communication needs
- Support individuals with multiple conditions or disabilities
- Support individuals with learning disabilities
- Provide support for mobility
- Provide active support
- Care for the elderly
- Awareness of working in end of life care



# Making an impact, now and in the future:

**WHAT WILL YOU ACHIEVE?**



A nationally recognised qualification

Functional skills to the required level

Potential career progression into future roles

**WHAT'S NEXT?**

**YOUR CAREER IS A JOURNEY**  
Take the next step





# *Make an impact*

For more information, contact  
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 **Helping Hands**  
Caring since 1989

