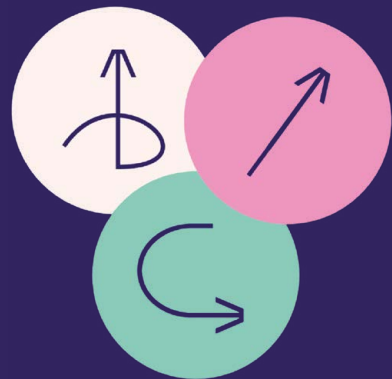


Level 2 Adult Care Worker



Home.
Work.
Leisure.
Together.

Your life. Your way.



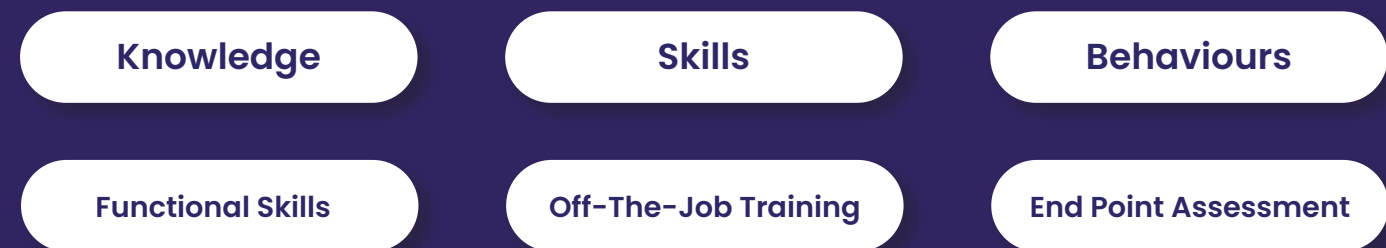
Adult Care Worker Apprenticeship Standard

This level 2 apprenticeship training programme develops the knowledge, skills and behaviours required to care for and support the needs of adults, enabling them to have control and choice in their lives.

It is suitable for care assistants, care workers, support workers and other associated job titles.

At the end of this training programme, you will also be awarded a Level 2 TQUK Diploma in Care.

Apprenticeships are 12 to 24 month training programmes. They are made up of:



More information on each of these components can be found within the learner or manager apprenticeship guide. All of the above components must be fully completed in order to successfully achieve your apprenticeship.

What is the duration and how will you learn?

Over the duration of 16 months, you will receive a combination of face-to-face and online training and support.

The 16 month time frame is based on an employee with a full-time contract, if an employee works fewer than 30 hours then the time frame of the apprenticeship will increase accordingly. See below for example:

16 hours contracted per week = 22 months apprenticeship programme

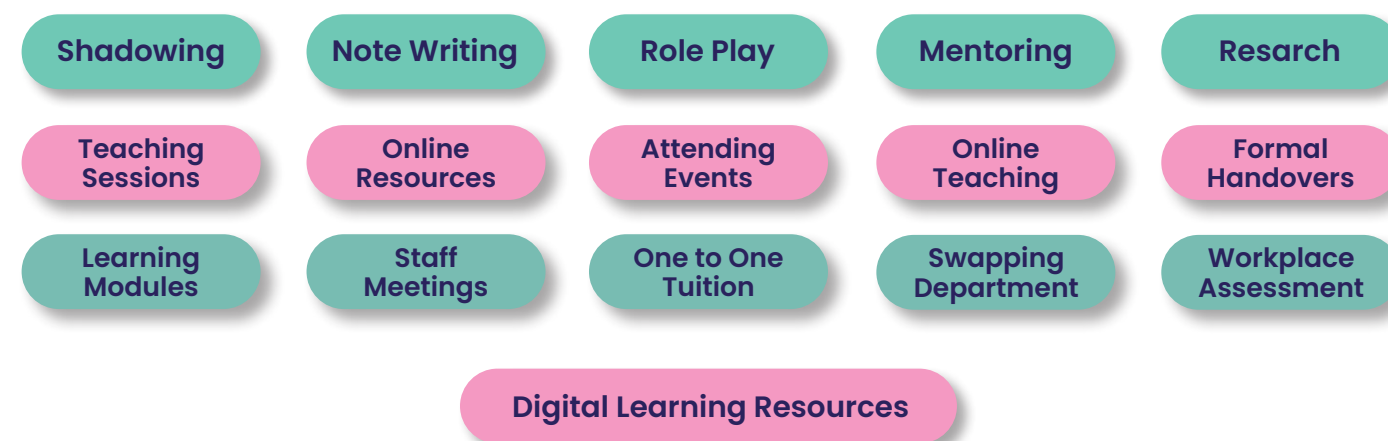
You will undertake an online assessment that will help us to understand your learning style and needs, then we will tailor your learning experience accordingly.

We ensure that you stay on track to complete your programme on time by managing your progress through our state-of-the-art e-portfolio system, Aptem.

Visit [aptem.](#)

Off-the-job Training

As part of the apprenticeship, alongside your job role, a minimum of 6 hours per week of your time in work must be dedicated to improving new skills, knowledge and behaviours. This can be any time devoted to learning and improving new skills, knowledge and behaviours without interruption. Examples include:



End-point assessment

Learnt knowledge, skills and behaviours will be assessed by an independent assessor in your end-point assessment (EPA). This typically involves elements such as:



Your apprenticeship journey



Month 1

Personal development and role of a care worker +

Programme introduction and expectations

Month 2

Duty of care and safeguarding +

Functional skills support (where applicable)

Month 3

Communication and handling information +

Month 4

Implementing person-centred care plans, equality and inclusion in care settings +

Months 5 & 6

Health, safety and well-being in care settings +

Months 7 to 13

A combination of optional modules to be chosen and completed, dependant on care setting +

Functional skills achievement (where applicable)

Months 14 to 16

Preparation for your End Point Assessment (EPA) +

End Point Assessment (EPA)
Progression IAG session

Achievement

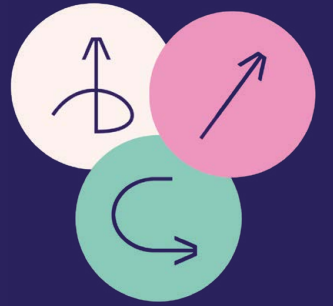


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What will you learn?



Support individuals with daily living activities

- ✓ Achieve the tasks and responsibilities of your job role
- ✓ Support with individuals' social activities
- ✓ Ensure that both yourself and other employees monitor health
- ✓ Assist with eating, mobility and personal care, according to the individual's personal care/support plan, and support other team members in doing so
- ✓ Access, follow and be compliant with regulations and organisational policies and procedures, and ensure that your team also do so

Develop yourself

- ✓ Understand your professional boundaries and limits of your training and expertise
- ✓ Ask for help from an appropriate person when not confident or skilled in any aspect of your role.

Implement person-centred care plans

- ✓ Provide individuals with information to enable them to have choices about the way they are supported, ensuring compliance with the relevant statutory standards and codes of practice for your role
- ✓ Understand the 'duty of care' in practice
- ✓ Encourage individuals to participate in the way their care and support is delivered
- ✓ Contribute towards the development and creation of care plans which are underpinned by the individual's support preferences
- ✓ Identify, respond to and escalate changes to physical, social, and emotional needs of individuals, contributing to the ongoing development of care/support plans and support with cognitive, physical or sensory impairments

Additional pathways



- ✓ Infection prevention & cleaning, decontamination and waste
- ✓ Move and position individuals in accordance with care plan
- ✓ Support individuals to eat and drink
- ✓ Understand mental health problems and dementia awareness
- ✓ Contribute to the support of individuals with multiple conditions or disabilities
- ✓ Provide active support

Modules of learning

Module 1

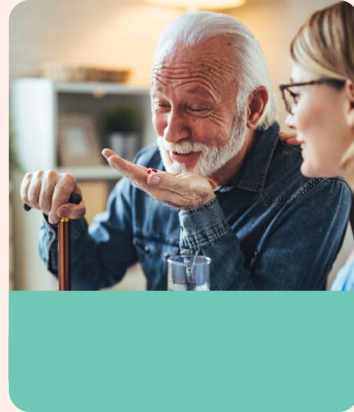
Personal development in care settings and responsibilities of a care worker +

- Understand what is required to be competent in own role.
- Use learning opportunities and reflective practice to contribute to personal development.
- Work in agreed ways with your employer.

Module 2

Duty of care and safeguarding +

- Understand the implications of duty of care.
- Understand support available for addressing dilemmas that may arise about duty of care.
- Know how to respond to complaints.
- Understand the principles of safeguarding adults.
- Know how to recognise signs of abuse and respond.
- Understand the national and local context of safeguarding and protection from abuse.
- Understand ways to reduce the likelihood of abuse.
- Know how to recognise and report safe practice.
- Understand principles for online safety.



Module 3

Communication and handling information +

- Understand the implications of duty of care.
- Understand support available for addressing dilemmas that may arise about duty of care.
- Know how to respond to complaints.
- Understand the principles of safeguarding adults.
- Know how to recognise signs of abuse and respond.
- Understand the national and local context of safeguarding and protection from abuse.
- Understand ways to reduce the likelihood of abuse.
- Know how to recognise and report safe practice.
- Understand principles for online safety.



Module 4

Equality, inclusion and person centred approaches +

- Understand person centred approaches for care and support.
- Understand consent and how to obtain.
- Understand how to encourage active participation, support individuals well-being.
- Understand how to access information, advice and support about diversity, equality and inclusion.
- Understand the importance of equality and inclusion.

Module 5

Health, safety and well-being in care settings +

- Understand own and others' work setting health and safety responsibilities.
- Work in a way that maintains the health and safety of individuals.
- Understand the use of risk assessments in relation to health and safety and procedures for responding to accidents and sudden illness.
- Understand how to handle hazardous substances and materials and understand how to promote fire safety in the work setting
- Understand and know how to manage own stress.

Module 6

Health and safety continued +

- Understand own and others' work setting health and safety responsibilities.
- Understand the use of risk assessments in relation to health and safety and procedures for responding to accidents and sudden illness.
- Explain how to reduce the spread of infection, move and handle equipment and other objects safely, handle hazardous substances.
- Understand how to promote fire safety in the work setting
- Understand how to manage own stress.



Module 7

Infection prevention and cleaning, decontamination and waste +

- Understand own and others roles and responsibilities in the prevention and control of infections.
- Understanding legislation and policies relating to prevention and control of infections.
- Understand systems and procedures relating to the prevention and control of infections.
- Understand the importance of risk assessment in relation to the prevention and control of infections.
- Understand the importance of using personal protective equipment (PPE) in the prevention and control of infections.
- Understand how to maintain a clean environment.
- Understand the principles and steps of the decontamination process.
- Understand the importance of good waste management practice.

Module 8

Move and position individuals in accordance with their care plan +

- Understand current legislation, national guidelines, policies, procedures and protocols in relation to moving and positioning individuals.
- Understand anatomy and physiology in relation to moving and positioning individuals.
- Be able to minimise risk before moving and positioning individuals.
- Be able to move and position an individual and know when to seek advice and/or assistance from others when moving and positioning an individual.

Module 9

Support individuals to eat and drink +

- Be able to support individuals to make choices about food and drink
- To prepare to provide support for eating and drinking.
- Clear away after eating and drinking, monitor eating and drinking and the support provided.

Module 10

Understand mental health problems and dementia awareness +

- Understand the types of mental ill health.
- Understand the impact of mental ill health on individuals and others in their social network.
- Understand models of dementia,
- Know the types of dementia and their causes and the individuals experience of dementia.

Module 11

Contribute to the support of individuals with multiple conditions and/or disabilities +

- Understand the impact of multiple conditions and/or disabilities on individuals.
- Know the support available for individuals with multiple conditions and/or disabilities.
- Be able to contribute to the support of individuals with multiple conditions and/or disabilities.
- Evaluate own contribution to the support of an individual for an activity.

Module 12

Provide active support +

- Understand how active support translates values into person-centred practical action with an individual.
- Be able to interact positively with individuals to promote participation.

Module 13

Behaviours +

- You will treat people with dignity, respecting individuals diversity, beliefs, culture, values, needs, privacy and preferences.
- Show respect and empathy for those you work with, have the courage to challenge areas of concern and work to best practice.
- Be adaptable, reliable and consistent, show discretion, show resilience and self-awareness.

Your career is a journey Take the next step



Level 3
Lead Adult Care Worker



Level 4
Lead Practitioner in Adult Care



Level 5
Leader in Adult Care

Make an impact

We're all about making an impact, be that individuals making an impact through their day-to-day work, or by organisations making their impact on our economy.

As a national training provider, we make this impact throughout the UK, with expertise in childcare, healthcare, clinical and business skills apprenticeships.

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