

## **ASD Support**

## **A Foundation For Care**



Training Provided By

IMPACT FUTURES **Level 5 Leader in Adult Care** 

Leading the provision of care for adults



# Leader in Adult Care apprenticeship standard

This level 5 apprenticeship training programme develops the knowledge, skills and behaviour requirements of managers in various adult care settings that are regulated by the Care Quality Commission (CQC), according to the requirements of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014.

It is suitable for registered, assistant, deputy, unit and service managers.

At the end of this training programme, you also will be awarded a Level 5 TQUK Diploma in Leadership and Management for Adult Care.

### **Entry requirements**

You must have been a UK, EEA, or EU resident for at least the past three years to undertake this training programme.

In addition, you must be able to commit to the full length of the programme, and be able to meet the programme modules through your job role.

If you do not have a level 2 or equivalent in Maths and English, you will be required to work towards achieving these qualifications as part of your apprenticeship.

### What is the duration and how will you learn?

Over the duration of 21 months, you will receive a combination of face-to-face and online training and support.

You will undertake an online assessment that will help us to understand your learning style and needs, then we will tailor your learning experience accordingly.

We ensure that you stay on track to complete your programme on time by managing your progress through our state-of-the-art e-portfolio system, Aptem.

### Off the job training

As part of the apprenticeship, alongside your job role, a **minimum** of 6 hours per week of your time in work must be dedicated to improving new skills, knowledge and behaviours.

This can be any time devoted to learning and improving new skills, knowledge and behaviours without interruption, and can include:



Online teaching



Digital learning resources



One to one tuition



Workplace assessment

### **End-point assessment**

Learnt knowledge, skills and behaviours will be assessed by an independent assessor in your end-point assessment (EPA). This typically involves elements such as:



Leadership observation



Professional discussion



Portfolio building

### Your apprenticeship journey

### Your apprenticeship journey



### Month 1

Programme introduction and expectations, continuous development & importance of personal well-being



**Functional skills support** (where applicable)



Month 3

Governance and regulatory

### Month 4 Business and resource



**Functional skills achievement** (where applicable)



### Month 5

Safeguarding & manage comments and complaints

### Month 6

management

Month 2

Effective communication,

effective decision making

handling information &



Equality, diversity, inclusion and human rights &

understand mental capacity

### Month 7

Health, safety and well-being

### Month 8



Person centred practice & work in partnership

### Month 9

Leadership and management & supervising others

### Month 11



Facilitate coaching and mentoring of practitioners in health and social care settings

### Month 13



Continuous improvement and change & manage quality in health and social care settings

### Month 15



Lead and manage group living or manage domiciliary services

### Month 18

career progression &

leadership styles



Month 10 Team leadership and development

Month 12 Leading the vision

planning

Month 14 Understand advance care



**Achievement** 

Months 19 to 21 End point assessment

End Point Assessment (EPA)

Progression IAG session

**Continues** 

### You will learn how to:

### ( Lead and inspire teams

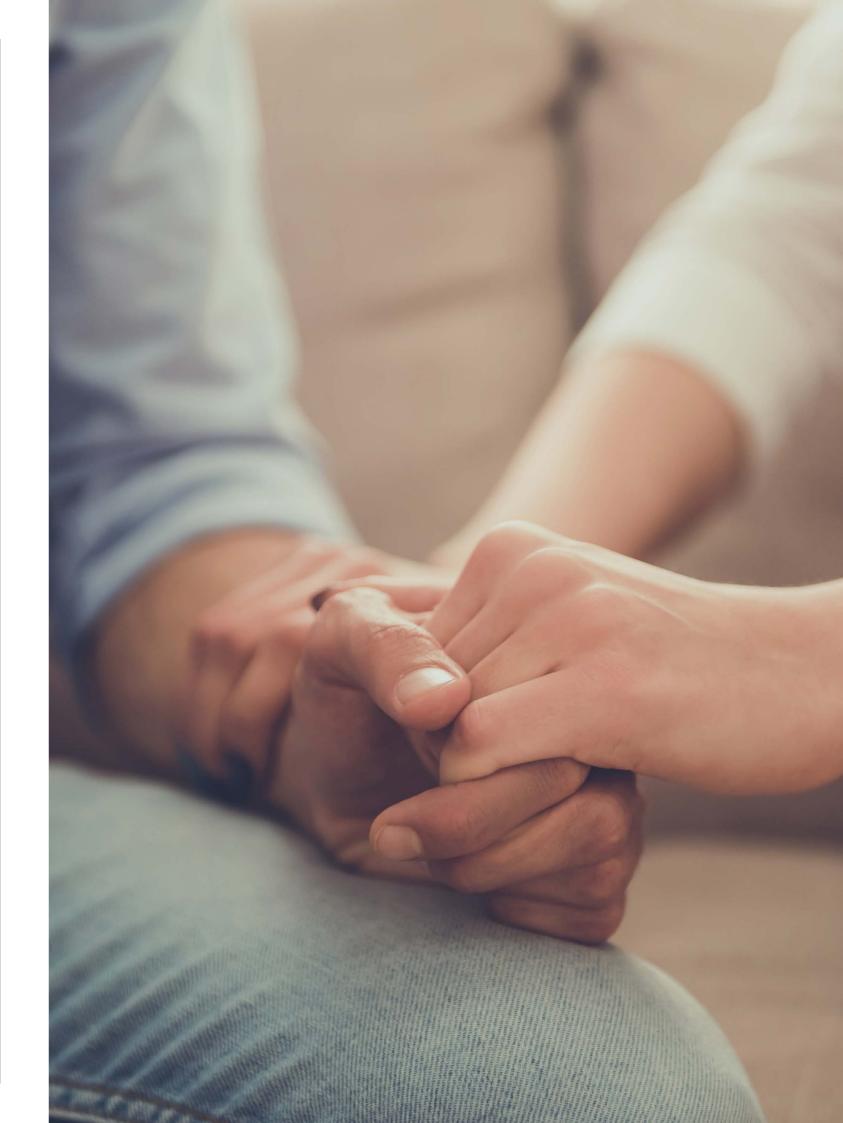
- √ Manage and develop a team to provide outstanding care
- ✓ Manage all financial and operational aspects of care
- ✓ Lead and manage CQC inspections
- ✓ Influence others through effective communication
- ✓ Lead and implement safer recruitment processes
- ✓ Develop and lead the implementation of a culture that champions dignity and respects diversity, inclusion and fairness

### Evaluate and apply research-based practice

- ✓ Research and disseminate current drivers in the adult care landscape
- ✓ Embed systems to improve performance of self and/or work colleagues through supervision, reflective practice and learning and development opportunities

### Lead person-centred care plans

- ✓ Ensure that your team are providing individuals with information on their choices about the way they are supported, ensuring compliance with the relevant statutory standards and codes of practice
- ✓ Lead on ensuring the 'duty of care' is used in practice
- ✓ Be accountable for the development and creation of care plans which are underpinned by the individual's support preferences
- ✓ Take responsibility for responding to changes in the physical, social, and emotional needs of individuals, overseeing the ongoing development of care/support plans, considering cognitive, physical or sensory impairments



### The 5 pillars of wider learning

Sustainability

CIAG

Cultural capital & personal development

British values, safeguarding & prevent duty

Equality, diversity & inclusion









Sustainability is about protecting the future of our environment.

Why do we need to learn about sustainability within an apprenticeship?

Through learning about the world and how to best keep it sustainable, you can be encouraged to safeguard and enhance our natural resources.

Developing your attitudes and behaviours to be more environmentally conscious, you can protect the future of our environment.

CIAG provides us with careers information, advice, and guidance.

Why is the support of CIAG important within an apprenticeship?

To be inspired, as a learner, to be proactive and to believe in your ability to achieve your aspirations.

This support will help you learn about career pathways available to you, and will:

- Increase your knowledge about the world of work
- Inspire you to succeed
- Improve your social mobility and life chances
- Help you make informed decisions

Cultural capital and personal development is about boosting your employability and work and life skills.

Why do we need to understand cultural capital and personal development within an apprenticeship?

Learning about real-life situations and navigating through them will provide you with essential knowledge, that you may need to ensure future success.

This can include: resilience, confidence, time management, finance management, and much more- all important work, behaviour, attitude, and life skills.

We have a responsibility to keep learners safe during their learning, but we are also responsible for what happens beyond that, too.

#### **British values:**

As our learner, you should understand: your right to make safe choices; the rule of law is there to protect you; you should be respected for who you are (regardless of age, race, gender and background); and you live in a democracy allowing you to be involved in decisions that protect you.

#### Safeguarding:

We can ensure that you are supported by the right people at the right time.

#### **Prevent duty:**

We can recognise when targets are preyed upon by extremists and we act, report and get help to stop their recruitment.

Promoting equality, diversity and inclusion entails fair treatment and equal opportunities for all learners.

The impact of embedding these integral areas into your learning programme means that you will be more aware of your social responsibility to protect the vulnerable in our wider society. This will enable an inclusive mindset in your work and home life, as you develop and grow in your career.

Understanding how to protect those in our society from abuse and extreme idealisms, will further enable our future living and working lives becoming safer and fairer.

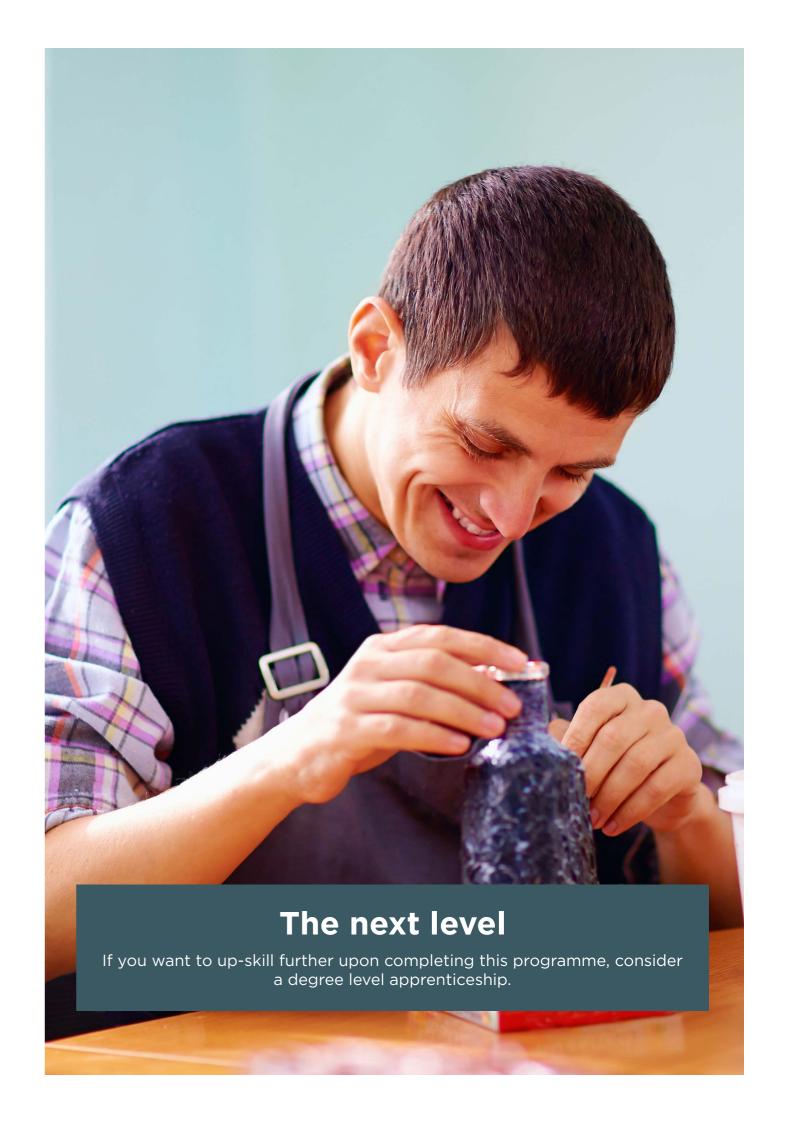
# Making an impact, now and in the future

Your career is a path, not a programme. We want to understand your career goals for the future now, so that we're best placed to assist, guide and inform you on your options.

Where do I see myself in my career in 12 months?

What support do I need to get there?

What targets and milestones can I set now to aid me in achieving this?

























#### **Module 1: Continuous development**

 Understand principles of professional/ continuous development

## Module 2: Importance of personal well-being

- Understand own well-being
- Understand the importance of maintaining and improving own well-being
- How to manage own stress and anxiety

## Module 3: Effective communication & decision making / handling information

- Understand different communication skills and models of conflict management and conflict resolution
- Understand effective decision making in adult care
- Understand effective information management

## Module 4: Governance and regulatory processes

- Understand legislation and statutory guidance that underpins adult care provision
- Understand internal governance arrangements within own organisation
- Understand systems and requirements for the regulation of adult care services
- Understand the inspection process

## Module 5: Business and resource management

- Understand the principles for effective resource management
- Understand the principles of effective HR management
- Understand market provision in adult care

## Module 6: Safeguarding and managing complaints

- Understand requirements for safeguarding in adult care
- Understand the management of comments and complaints in adult care





# Level 5 Leader in Adult Care

Modules of learning

## Module 7: Importance of Equality, Diversity, Inclusion & Human Rights

• Understand equality, diversity, inclusion and human rights and be able to lead on this

## Module 8: Understand mental capacity

- Understand mental capacity and consent
- Understand the use and impact of restrictive practices in adult care

## Module 9: Health, safety & well-being

- Understand health and safety requirements in adult care and lead on this
- Understand the importance of promoting individuals health and well-being

## Module 10: Leading person centred practice

- Understand person centred practice, outcomes based practice in adult care
- Understand the value of person centred practice in partnership working to enable individuals to achieve their desired outcomes
- Understand the role of relationships in promoting health and well-being
- Understand the positive risk-taking context of supporting individuals



# Level 5 Leader in Adult Care

Modules of learning

#### Module 11: Work in partnership

- Understand the context of relationships and partnerships working in adult care
- Know how to lead effective relationships and how to manage relationships to achieve positive outcomes

## Module 12: Leadership and management / supervising others

- Understand theories and styles of management and leadership and their application in adult care and the skills of professional management and leadership in an adult care setting
- Understand the purpose and practice of professional supervision

## Module 13: Team leadership / leading development

- Provide leadership for a team and manage teamwork
- Understand the principles of learning and professional development and be able to lead in this

## Module 14: Facilitate coaching and mentoring and practitioners in health and social care settings

- Understand the benefits of coaching and mentoring practitioners
- How to identify needs and implement coaching and mentoring activities and then review outcomes

### Module 15: Leading the vision

Understand how to develop a vision for the adult care service

## Module 16: Continuous improvement and change

 Understand continuous quality improvement and understand how to implement effective change





# Level 5 Leader in Adult Care

Modules of learning

## Module 17: Manage quality in health and social care settings

- Be able to implement quality standards and lead the evaluation of quality processes
- Understand the context of quality assurance in HSC settings.

## Module 18: Understand advance care planning

- Understand the principles of advance care planning
- Understand the process of advance care planning
- Understand the person-centred approach to advance care planning

## Module 19: Optional Unit: Lead and manage group living

- Be able to develop the physical group living environment to promote positive outcomes for individuals
- Lead the planning, implementation and review of daily living activities
- Promote positive outcomes in group living

Optional Unit - Choose Lead and manage group living OR Manage domiciliary services

## Module 19: Optional Unit: Manage domiciliary services

- Understand factors that influence the management of domiciliary services
- Implement systems for working safely
- Support practitioners in order to promote individuals needs and preference in domiciliary services

Optional Unit - Choose Manage domiciliary services OR Lead and manage group living

## Module 20 Behaviours and key module review

 Be able to understand what's required EPA wise as well as all standards & assess own knowledge and take control of learning

## Module 21: Personal development, career progression and leadership styles

 Look at development and know how to use it and ensuring you know how to put it into practice

### Let's make an impact

For more information about this apprenticeship training programme, contact us.

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