

Training provided by

IMPACT  
FUTURES



# Level 2 Adult Care Worker

Caring for and supporting  
the needs of adults

 **Home Instead.**  
*To us, it's personal*





## Adult care worker apprenticeship standard

This level 2 apprenticeship training programme develops the knowledge, skills and behaviours required to care for and support the needs of adults, enabling them to have control and choice in their lives.

It is suitable for care assistants, care workers, support workers and other associated job titles. At the end of this training programme, you will also be awarded a Level 2 TQUK Diploma in Care.

### Entry requirements

You must have been a UK, EEA, or EU resident for at least the past three years to undertake this training programme.

In addition, you must be able to commit to the full length of the programme, and be able to meet the programme modules through your job role.

If you do not have a level 2 or equivalent in Maths and English, you will be required to work towards achieving these qualifications as part of your apprenticeship.

### What is the duration and how will you learn?

Over the duration of 15 months, you will receive a combination of face-to-face and online training and support.

You will undertake an online assessment that will help us to understand your learning style and needs, then we will tailor your learning experience accordingly.

We ensure that you stay on track to complete your programme on time by managing your progress through our state-of-the-art e-portfolio system, Aptem.

### Off the job training

As part of the apprenticeship, alongside your job role, a minimum of 6 hours per week of your time in work must be dedicated to improving new skills, knowledge and behaviours.

This can be any time devoted to learning and improving new skills, knowledge and behaviours without interruption. This includes the following learning methods:



Online teaching



Digital learning resources



One to one tuition



Workplace assessment



*“It only takes one giving heart to warm a hundred more”*



Multiple choice examination



Professional discussion



Portfolio building

### End-point assessment (EPA)

Learnt knowledge, skills and behaviours will be assessed by an independent assessor in your end-point assessment (EPA). This typically involves elements such as:



# Your apprenticeship journey



## You will learn how to:



### Support individuals with daily living activities

- ✓ Achieve the tasks and responsibilities of your job role
- ✓ Support with individuals' social activities
- ✓ Monitor health
- ✓ Assist with eating, mobility and personal care, according to the individual's personal care/support plan
- ✓ Access, follow and be compliant with regulations and organisational policies and procedures



### Develop yourself

- ✓ Understand your professional boundaries and limits of your training and expertise
- ✓ Ask for help from an appropriate person if not confident or skilled in any aspect of your role



### Implement person-centred care plans

- ✓ Provide individuals with information to enable them to have choices about the way they are supported, ensuring compliance with the relevant statutory standards and codes of practice for your role
- ✓ Understand the 'duty of care' in practice
- ✓ Encourage individuals to participate in the way their care and support is delivered
- ✓ Contribute towards the development and creation of care plans which are underpinned by the individual's support preferences
- ✓ Identify, respond to and escalate changes to the physical, social, and emotional needs of individuals, contributing to the ongoing development of care/support plans and support with cognitive, physical or sensory impairments

# Making an impact, now and in the future

Your career is a path, not a programme. We want to understand your career goals for the future now, so that we're best placed to assist, guide and inform you on your options.

Where do I see myself in my career in 12 months?

What support do I need to get there?

What targets and milestones can I set now to aid me in achieving this?



## The next level

If you want to up-skill further upon completing this programme, consider our level 3 lead adult care worker apprenticeship.

# Make an impact

Impact Futures are Home Instead's preferred apprenticeship provider.

We're all about making an impact, be that individuals making an impact through their day-to-day work, or by organisations making their impact on our economy.

For more information about this apprenticeship, or any other available programmes, contact Home Instead's dedicated Client Relationship Manager, Charlotte Keyworth:

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